



Dear Colleagues,

At the Hypnotherapy Council of Australia's (HCA) National Board meeting on the 15<sup>th</sup> August, it was confirmed that the application for HCA to be incorporated has now been accepted by Victoria's Consumer Affairs, so we are now officially the "Hypnotherapy Council of Australia Inc.". The next step for HCA is to become recognised nationally as an Australian Registered Body through the Australian Securities Investment Commission, and this process has begun.

The necessary administrative functions, such as bank signatories, new application procedures, etc are also being adjusted to reflect the current status of HCA. The website is under ongoing development ([www.hypnotherapycouncilofaustralia.com](http://www.hypnotherapycouncilofaustralia.com)), and a suitable logo is being sought to give us the necessary professional image.

HCA is a unique organisation that is being built from the ground up as we go, and in consultation with the profession. The National Board would also like to thank the organisations and their representatives that continue to manage the Australian National Hypnotherapy Register (ANHR) on behalf of the practitioners while the HCA is becoming established.

The HCA subcommittees are meeting monthly on the matters within their purview. The Finance and Ethics subcommittees have made some initial recommendations to the Board for consideration. As you would appreciate, the work of the Educational Advisory Body is also quite complex, and will necessarily proceed a step at a time.

For those new to the HCA information, a recommendation to the National Board introducing a policy (or a change to the HCA Constitution), firstly requires an 85% approval at the Board level. Once a policy recommendation has been passed by the Board, the recommendation then goes out to the HCA member organisations for their vote at the Assembly of Delegates level. Here, the Associations carry 90% of the vote, while Educational Organisations carry 10%. It takes a total weighted vote of 85% to pass such recommendations. The HCA structure was designed so that all areas of the profession can add valuable input on items under discussion.

This unique structure will allow the discussions necessary to find practical and workable solutions to any problems that arise, and to protect and guide the profession for the sake of our practitioners. Because at the end of the day, it is the practitioners that we are all about. The Educational Organisations train them, the Associations continue to monitor, guide and develop them, and with all of us working together, we can help Hypnotherapy be recognised as the valuable profession that it deserves to be seen as.

***The HCA Mission:***

***'The Hypnotherapy Council of Australia (HCA) is the national peak body for Clinical Hypnotherapy in Australia.***

***The HCA provides a cohesive identity for the diversity of hypnotherapy methodologies and promotes their professional and ethical practice for the benefit of the community.'***

Our strength is in our diversity, and HCA has more organisations than ever before co-operating and working toward the ultimate goal of recognition and acceptance of this valuable modality at government, professional and community levels.

**Updates and National Board Minutes**

The National Board meets on the third Monday of each month, and will continue to send monthly updates to the national mailing list of stakeholders of the profession. We will endeavour to keep you all up to date with the stages of progress as they happen. To assist us with this task, we would ask that you forward this update onto your own organisation's members. This dissemination of information will help us to better unite the profession and help prevent misunderstandings that may otherwise slow our progress.

In the spirit of continued transparency and fairness, the National Board will also be circulating the minutes of each monthly National Board meeting to the relevant personnel of the HCA member entities.

If you would like to contact the National Board about these or other matters, please feel free to do so via [secretary@hypnotherapycouncilofaustralia.com](mailto:secretary@hypnotherapycouncilofaustralia.com), or Margaret at [president@hypnotherapycouncilofaustralia.com](mailto:president@hypnotherapycouncilofaustralia.com).



This is a positive and exciting time for our profession, and we look forward to continuing to work with you in the coming months.

Regards,

Margaret Kelly

President

Hypnotherapy Council of Australia