



HCA Update to the Profession – April 2015

Dear Colleagues

The National Board of the Hypnotherapy Council of Australia (HCA) met again on the 15th April 2015.

For your information (thanks for bringing it to our attention Leon), the Society of Psychological Hypnosis, Division 30 of the American Psychological Association have revised their definition of hypnosis:

“A state of consciousness involving focused attention and reduced peripheral awareness characterized by an enhanced capacity for response to suggestion.”

Ref: Elkins, G. R., Barabasz, A. F., Council, J. R., & Spiegel, D. (2014). Advancing Research and Practice: The Revised APA Division 30 Definition of Hypnosis. *International Journal of Clinical and Experimental Hypnosis*, 63(1), 1-9. doi: 10.1080/00207144.2014.961870.

Progress with the further development and name change of the peak body Register run by the HCA is continuing, and the new name and details will be released shortly.

It is anticipated that the HCA AGM will be held in Melbourne this year on the 29th August 2015, so please put the date into your diary, **but don't book your flights just yet!** The date and venue are in the process of being confirmed. We will advise/confirm the details in just few weeks.

We would like to welcome our new Member Educational Organisation, Castor and Pollux Australia Pty Ltd. to the HCA.

If your organisation is not yet a member of HCA, and would like to join, please contact us to discuss how this may be achieved. If you would like to contact the National Board about these or other matters, please feel free to do so via secretary@hypnotherapycouncilofaustralia.com

Kind regards,
The National Board
Hypnotherapy Council of Australia Inc.
Vic A0056527E ARBN 154841086

The HCA Mission:

‘The Hypnotherapy Council of Australia (HCA) is the national peak body for Clinical Hypnotherapy in Australia. The HCA provides a cohesive identity for the diversity of hypnotherapy methodologies and promotes their professional and ethical practice for the benefit of the community.’